

U.S. Anti-Doping Agency

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Major Changes – 2016 WADA Prohibited List

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The World Anti-Doping Agency (WADA) has released the 2016 Prohibited List that will go into effect January 1, 2016. The organization has also outlined noteworthy changes that have been made to the 2016 List compared to the 2015 version. Those changes are listed below as well as listed on WADA's website along with other Q&A on the 2016 Prohibited List.

In- and Out-of-Competition

S2: Peptide hormones, Growth Factors, Related Substances and Mimetics

- Leuprorelin replaced triptorelin as a more universal example of a chorionic gonadotrophin and luteinizing hormone-releasing factor.

S4: Hormone and Metabolic Modulators

- Insulin-mimetics were added to the List to include all insulin-receptor agonists.
- Meldonium (Mildronate) was added because of evidence of its use by athletes with the intention of enhancing performance.

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S5: Diuretics and Masking Agents

- It was clarified that the ophthalmic use of carbonic anhydrase inhibitors is permitted.

In-Competition

S6: Stimulants

- It was clarified that clonidine is permitted.

In Particular Sports

P1: Alcohol

- After consideration of the Federation International de Motocyclisme (FIM)'s request, their Federation was removed from the list of sports prohibiting alcohol as a doping agent. WADA understands that FIM will address the use of alcohol using their own regulations.

Monitoring Program

- Meldonium was removed from the Monitoring Program and added to the Prohibited List.
- Hydrocodone, morphine/codeine ratio and tapentadol were removed from the Monitoring Program.

- 2016
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